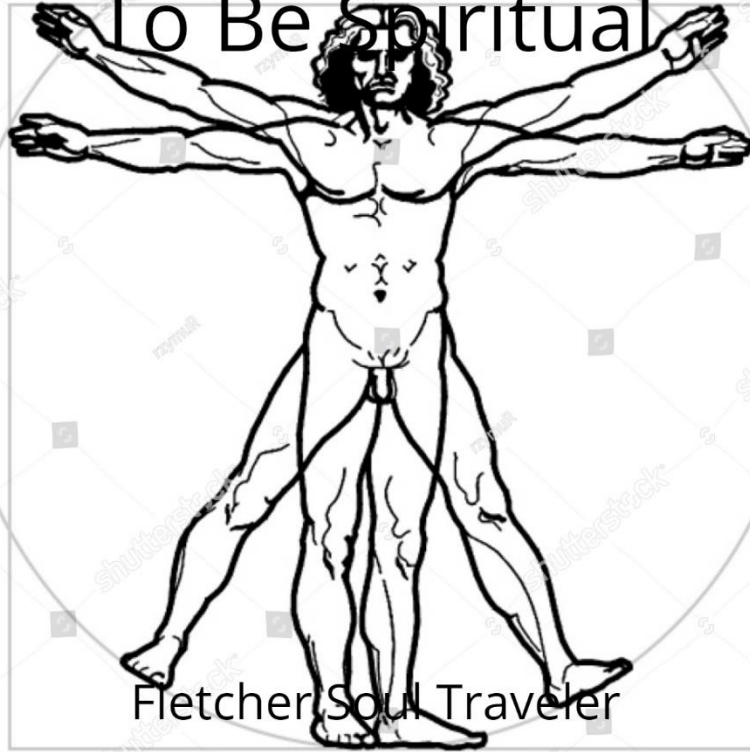


# What Good Is It To Be Spiritual



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## What Good Is It To Be Spiritual?

What good is it to be spiritual?  
Many people ask this question.  
We come into this world to find out who we truly are.  
We look all over the place.  
Life is a journey and at times we are lost and we think we are found.  
At times we think we are found but we are lost.  
Did you know that a part of you is the universe?  
You are the sun, the moon, and the stars.  
How would you like to discover your true essence?  
How would you like to drop your anger and be in love with your fellow man?  
All the traits of the great masters are hidden within.  
You can be kind, tolerant, and full of compassion.  
This is your true nature.

## Fine Tune Your Radio Station

Fine-tune your radio station.  
You are listening to an old station.  
This station is reinforcing all your bad habits.  
There is a signal from God and the universe that is playing.  
Listen to KGOD.  
This signal is broadcast from within.  
It is clear and constant.  
You just have to tune your mind to this signal.  
In every breath, you take fine-tune your inner radio to this signal.  
All the great masters have said that the kingdom of heaven lies within.  
This is probably the most practical thing you can do for yourself.  
What is keeping you alive?  
The more you concentrate on this signal the more powerful and clear it will be.  
This is your true nature.  
This signal is like a magnet.  
It draws kindness, love, and compassion to you.  
It's like taking a shower of love.  
This love fills up your entire being and slowly washes away all the negativity.  
This radio station is live.  
It has been broadcasting for eternity.  
When you are driving and talking on your cell phone you aren't paying attention to life.  
What is so important externally that you have forgotten your true nature?  
Why do you insist that the external world is the only world?  
For now, you might say because that's all there is.  
Well someday you will die and it will totally disappear in an instant.  
This radio station will make you laugh at life.  
It will bring you to a place where anger and hate do not govern you.  
Kindness and compassion will be there.  
I'm not saying you won't ever get angry again.  
I'm saying that with conscious effort you can use water to put out the anger in your life.  
Your mind is looking externally to fix your inner world.  
Mankind has been running in circles for thousands of years.  
Look at the political landscape in America today.  
Anger and chaos rule the land.  
Fine-tune your radio station.  
You are a piece of the puzzle.

## You Have Nothing To Lose

You have nothing to lose on this path.  
Except for your anger, hatred, and intolerance.  
These are the baggage mankind has carried for thousands of years.  
War is obsolete.  
The United States spends about 60% of its budget on defense.  
Yet we can't win the war in Afghanistan.  
We have been there for over 18 years.  
We have spent trillions of dollars and yet it's a losing battle.  
We could have spent that money helping our own country grow.  
That money could have helped the Afghanistan people succeed in life.  
We did that for the Germans and the Japanese.  
Look where they are today.  
They were totally transformed.  
This spiritual path is the most practical.  
We would make laws that would benefit all.  
Not the current system will the richest 1% make even more money.  
In the meantime, millions of Americans who in the past got a significant refund  
had to pay thousands more.  
Where is the justice in this?  
We need to kick out all politicians who are in bed with the rich.  
If you can't take care of the American people you don't belong in office.  
We can change the system but voting them out of office.  
A new day is coming.  
The bickering has to stop.  
We are all Americans.  
We all want a better county for our kids and grandkids.  
It's time to let go of our negative baggage.  
We need to be mature adults.  
Currently, Americans are totally divided.  
We must go beyond that.  
Families are being torn apart.  
We have lost our dignity.  
If you don't believe in my concepts you are an evil person.  
We need to listen to each other.  
We have different points of view.  
We don't have to flame each other.  
Remember there is a thread of love trying us all together.  
Ponder this over.

## God Won't Drive Your Car For You

God won't drive your car for you.  
You have free will which will never be taken away.  
God is your co-pilot.  
He is sitting in your passenger seat.  
Mind you the car is sitting in your inner garage.  
It may be gathering dust.  
Only you can open the garage door within.  
You have the remote control.  
It's by your will alone you open the inner door within.  
It's only your will alone that you back out the car and take it for a spin.  
All it takes is to focus on your breath constantly.  
This is the secret to life.  
Unfortunately, you never learned this in school.  
The highest university lies inside of you.  
You have been playing hooky for ever so long.  
The mind plays tricks on us.  
Why would God hide inside of me?  
I'm a nobody.  
Yet you are the universe.  
You just don't know it.  
This is the grand illusion of life.  
We think the outside world is the real deal.  
Yet only moments ago you checked into the motel.  
You will sleep overnight and then you will leave this world.  
You won't be able to take anything material with you.  
Death is knocking on your door.  
Yet the wise man just laughs.  
He knows he is eternal by practical experience.  
Day by day one discovers his true nature.  
You are magnificent.  
You are eternal.  
You are the universe.  
Ponder this over.  
Open the garage door within.  
Dust off your car and take it for a divine spin.  
Your world will never be the same again.  
Remember only by your will can you discover your true nature.  
God is simply sitting in your passenger seat.

## The Great Wash Machine Of Life

The great wash machine of life.  
We all live in the same world yet our views and attitudes toward life are different.  
Yet all of us are tumbled in this washing machine.  
Currently, the rinse cycle is of hatred and anger towards others.  
We have a President who endorses this.  
Look I'm not going to get into politics.  
Yet do we think America is shining in this world?  
Currently, I think mankind should change the rinse cycle to a kind man.  
We need to add the detergent of love, kindness, and compassion.  
This is the only way for humanity to clean itself.  
We need to turn on the rinse cycle and clear the mucky dirty water of hate and  
anger.  
You can't have clean clothes with dirty water.  
We must stop our mindset based on what's going on in this world.  
Did you know by your will alone you can change the settings on your wash  
machine?  
You are not a victim of what's going on in this world.  
You can change to make this world a better place.  
Remember you have free will.  
Hopefully, we will use it to discover our true nature.  
Remember war is obsolete.  
I think what's going on in America is a wake-up call.  
We are seeing smack in our faces what we don't want.  
The light is shining and the darkness has no place to hide.  
All it takes for humanity to change and understand each person on this planet has a  
role.  
All the answers lie inside of you.  
You can come from a place of love and compassion.  
You can stop flaming people who are different than you.  
Even if they are wrong you can learn how to put water on the situation.  
When they see you aren't reacting they will stop playing the game.  
What good is a game if the other side doesn't participate?  
We are learning how to be mature adults.  
We were never trained in school.  
Isn't that ironic?  
No wonder this world is messed up.  
The most fundamental of how to be a better human is not being taught.  
Look at our immigration policies today.

Christ would totally see his message is warped today.  
Many Christians support his policies.  
Anyway, ponder this over.  
You have a choice to clean your clothes or accept the mindset of what's going on  
in America today.  
Remember it's only by your will can you change.  
God does not clean up our mess.  
A savior will not clean up our mess.  
Only human beings can clean up our mess.



## The Magnetism Of Kindness

Did you know that kindness is magnetic?  
We all love kind people.  
There is such a wonderful feeling when a kind person walks into a room.  
The room literally lights up.  
You see kindness and the light are one and the same.  
The entire universe is kind.  
Mankind can learn to be a kind man.  
This is our true nature.  
We have simply forgotten.  
The well of kindness lies within.  
Only you can drink this precious water.  
Nobody can give you kindness.  
As the Dalai Lama said kindness is my religion.  
This world really needs kind people.  
War is obsolete.  
Yet our leaders still think it's a way to solve our problems.  
Kindness is the way to get out of this mess.  
Did you know that kindness is a seed that lies within?  
The more you pay attention to it the more it grows.  
This world will give you plenty of examples to be kind.  
Next time someone says something that pisses you off hesitate for one second.  
Take a deep breath and connect to your kindness within.  
Smile.  
You don't have to say a thing.  
The sun just shines.  
It has nothing to prove.  
You can do this.  
The entire universe lies inside of you.  
You have all the support to be kind.  
The more you are conscious and aware the kinder you will be.  
It's like exercise.  
The more you exercise the finer tune your muscles will be.  
It's pretty simple once you start to practice it.  
The goal is to be in the center of the hurricane.  
The winds of the mind can't touch you.

## Why Do we Place God In One Box

Why do we place God in one box and ourselves in a different box?  
There is only one box.  
Yet we see and believe there are two boxes.  
We believe we are all alone.  
You are the universe.  
You just don't know it.  
There are about 7,000,000,000,000,000,000,000,000 (7 octillion) atoms in  
your body.  
All our billions of years old.  
At the deepest level, you are the universe in human form.  
Wow!!!  
Isn't that incredible?  
But unfortunately, we are driving with a cell phone in our hands.  
We have lost connection to who we truly are.  
Consequently, we are like leaves blowing in the wind.  
We are happy.  
Someone on Facebook says something we don't like so we flame them.  
We put more gasoline on the fire of life.  
It's like a huge bonfire.  
Millions of people are waking up from their slumber.  
Millions of people are putting water on this fire.  
Kindness is your true nature.  
By discovering your true nature you see there is only one box.  
In reality, you see there is no boxes.  
The universe is infinite.  
You are infinite.  
It doesn't matter who you are.  
There is a thread of love that ties us all together.  
The universal laboratory lies inside of you.  
Only you are the scientist that can do experiments and discover your true nature.  
Each and every moment you have the opportunity.  
Focus on your breath.  
Behind your breath lies the universe.  
Behind your breath is the force that is keeping you alive.  
One day you will take your last breath and your physical body will no longer be  
alive.

## The Ultimate Hide And Seek

When I was young I loved to play hide and seek.  
We would spend hours playing that game.  
It was so much fun.  
Did you know that you are playing the ultimate hide-and-seek game with God?  
This is a real game.  
God is hiding inside of you.  
Behind your breath is the power that is keeping you and the universe alive.  
All the great masters have said the kingdom of heaven lies within.  
The more you are conscious of your breath you will discover your true nature.  
It's so easy yet we think there must be a harder way.  
Don't I have to sacrifice my life for God?  
No.  
Don't I have to give up my life?  
No.  
The secret is to have a moment by moment awareness of your breath.  
This is where you will find God.  
It's been there all the time.  
We have been searching outside of ourselves.  
This is an endless journey.  
There will never be a time when we can clap our hands and say I've mastered it all.  
You are eternal.  
Yet that doesn't mean you can't transform yourself.  
You can be a kinder more compassionate person.  
By focusing on your breath you will be filled with love, kindness, and compassion.  
You will slowly be filled with the qualities of God.  
You are not alone.  
By concentrating on your breath you will discover that.  
Amazingly, God has always been there.  
He knows your name.  
Yet only by your will can you find him.  
God is everywhere.  
Yet do we have the eyes to see?  
Millions of people are waking up.  
The sun is just appearing on the horizon.  
Light is dispelling darkness.  
Ponder this over.  
You can solve this riddle.

## It's Been There All The Time

It's been there all the time.  
What are you talking about?  
What's been there all the time?  
You are the universe.  
You just don't know it.  
There are about 7,000,000,000,000,000,000,000,000 (7 octillion) atoms in  
your body.  
All our billions of years old.  
At the deepest level, you are the universe in human form.  
Wow!!!  
Isn't that incredible?  
On top of that, you are hardwired to discover your true nature.  
The signpost of God is all around you and inside of you.  
Yet we are talking on our phones while driving down the freeway of life.  
The greatest miracle of life is keeping you alive.  
You are magnificent.  
Every single cell of your body is custom designed by God.  
You are infinite.  
Your body will someday die yet your true essence will go on forever.  
You have the opportunity to discover your true nature.  
Behind your breath lies the answer.  
What is keeping you alive?  
All the great masters have said to be aware of the essence of your breath.  
Behind your breath lies your true nature.  
Infinite kindness, love, and compassion.  
This is the water that will put out the bonfires of anger and hatred upon this land.  
The sun is appearing on the horizon.  
Mankind is waking up from his slumber.  
We are going from darkness to light.  
Darkness has nowhere to hide.  
Discover your true nature.  
It's been there all the time.  
Ponder this over.  
It's been there all the time.  
The greatest game is being played right between your eyes.

What is a desert?

A desert has no trees.

There is no shade.

Once upon a time, all deserts were forests.

Man chopped down the trees.

Upon a time a desert was developed.

Who helped to contribute to this?

Has man learned his lesson?

I don't think so.